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Neue. 1624.

A New Almanacke, and Prognostication, with the Forraigne Computation, seruing for the year of our Lord and Sauiour Iesus Christ, 1624.

Being Bissextile or Leap-yeare.

Rectified for the Eleuation of the Pole Articke, and Meridian of the famous Towne of *great Yarmouth in Norfolke*, and may serue generally for the most part of great *Britaine*.

Practised, Penned, and Published by IEFFERY NEVE, Gent.

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K. Ephemerides.

The Contents of this double Kalender for the yeare of our Lord God, 1624. which is the Bissextile or Leape-yeare, according to the Accompt and Computation of the Church of England.

The Prime or Golden number. 10.
The Circle of the Sunne. 9.
The Epact. 20.
The Dominicall Letters. D C.
The Romane Indiction. 7.
The space betweene Christmas and Shroue-sunday, is 6. weekes and 3. dayes.
Shroue-sunday. Feb. 8.
Easter day. March 28.
Ascention day. May 6.
Whitsunday. May 16.
Aduent sunday. November 28.
Betweene Trinity and Aduent are Sundayes 26.
Between Easter & Ascention, are 5. weekes & 3. dayes.
Betweene Whitsunday and Midsommer, is 5. weekes and 3. dayes.
Betweene Midsommer and Bartholomew is 8. weekes and 4. dayes.
Betweene Bartholomew and all Saints, is 9. weekes and 3 dayes

The Forraigne Computation.

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Easter day. April 7.
Ascention day. May 16.
Whitsunday. May 26.
Aduent sunday. Decemb. 1.

A briefe and neceſſary computation of yeares.

From the Creation of the world vntill this preſent yeare of our Lord God, 1624.	5594
From the Creation vntill the flood.	1656
From the Flood to Chriſt.	2306
Since the promiſed ſeede of Abraham.	3570
From Moſes to Chriſt.	1514
Since the Iſraelites departed out of Egypt.	3140
Since the deſtruction of Troy.	2806
Since Brute entred this Iland	1731
Since the building of the Temple of Salomon.	2660
Since the building of the Citie of Rome.	2375
Since Nabuchadonozer the King.	2372
Since Alexander the great dyed.	1948
Since Iulius Cæſar was ſlayne with dodkins.	1673
Since the happy birth of our Sauiour Chriſt.	1624
Since Ieruſalem was deſtroyed by Titus Veſpatian	1551
Since England receiued the chriſtian Faith.	1444
Since the Danes entred England.	606
Since the Conqueſt of England.	557
Since the Science of Printing was inuented.	164
Since King Henry the 8. wonne Bolloigne.	80
Since Kets rebellion at Norwich.	75
Since the infectious ſweating ſickneſſe.	67
Since S. Pauls ſteeple fired by lightening.	63
Since the great plague at Newhauen.	61
Since the Earles Rebellion in the North.	55
Since the blazing ſtarre and frosty Winter.	52
Since the fiery apparition in the heauens.	50
Since the deepe Snow.	44
Since the generall Earth-quake in England.	43
Since the Campe at Tilbury in Eſſex.	35
Since the laſt Earth-quake in England.	22
Our Kings Mateſties raigne, whom the King of heauen grant long and proſperouſly to Raigne ouer vs, Amen.	22

The Anathomy of Mans body as the parts thereof are gouerned by the twelue Cœleſtiall Signes.

Aries head and face.

Taurus necke & throat.

Cancer breaſt, ſtomach & ribs.

Virgo guts & belly.

Scorpio ſecrets & bladder.

Capricornus knees.

Gemini armes & ſhoulders.

Leo heart & backe.

Libra reins & loynes.

Sagitarius the thighs.

Aquarius the legges.

Pisces the feete.

Now if your body in health will keepe,
Warme meates for it is very meete:
Fly Phyſicke, Sloath, and Venery,
Auoid all Bathes moſt carefully.

i	a	New yeare. D.	Virgo	24	11	d	
ij	b	Oct. Steph.	Libra.	7	12	e	
iij	c	Oct. Iohn.	Libra.	21	13	f	Laſt quar=
iiij	D	Oct. Innoc.	Scorp.	5	14	G	ter the 3. day,
v	e	Edward dep.	Scorp.	19	15	a	41. min. after
vi	f	Twelfe day.	Sagit.	4	16	b	1. in the after=
vij	g	Med. come in.	Sagit.	19	17	c	noone.
viij	a	Lucian prieſt.	Capri.	3	18	d	
ix	b	Agapite virg.	Capri.	18	19	e	
x	c	Paul 1. Her.	Aquar.	3	20	f	New moon
xi	D	Sol in Aquar.	Aquar.	18	21	G	the 10. day, 33.
xii	e	Hillarius bi.	Piſces.	2	22	a	min. after 4. in
xiij	f	Archad. mar.	Piſces.	16	23	b	the morning.
xiiij	g	Felicia. prieſt	Piſce.	29	24	c	
xv	a	Maurice.	Aries.	12	25	d	Conu. of Pa.
xvi	b	Marcellus.	Aries.	25	26	e	
xvij	c	Anthony dep.	Taur.	8	27	f	Firſt quar=
xviij	D	2. ſun. aft. Ep.	Taur.	20	28	G	ter the 17. day
xix	e	Wolſtan. biſh	Gem.	3	29	a	56. min. after
xx	f	Fabian & ſeb.	Gem.	15	30	b	7. in the mor=
xxi	g	Agnes. virg.	Gem.	27	31	c	ning.
xxij	a	Vincent. mar.	Canc.	8	1	d	February.
xxiij	b	Clarme beg.	Canc.	20	2	e	Purif. of Ma
xxiiij	c	Timothy.	Leo.	2	3	f	
xxv	D	Con. of Paul.	Leo.	14	4	G	Full moon
xxvi	e	Polycarpe.	Leo.	26	5	a	the 25. day, 13
xxvij	f	Julian.	Virgo.	8	6	b	min. after
xxviij	g	Thom. Aqui.	Virgo.	21	7	c	high=noone.
xxix	a	Valerius.	Libra	4	8	d	
xxx	b	Batild Queé	Libra	17	9	e	
xxxi	c	Victor. faſt	Scorp.	1	10	f	

February hath xxix. dayes.

This Moneth as yet no phyſicke vſe,
For feare that you your ſelfe abuſe:
Bleede not, nor Bathe, be rulde by me,
Except vpon neceſſitie.

i	D	Brydget.	Scorp.	15	11	G	Laſt quar-
ii	e	Purif. of Ma.	Scorp.	29	12	a	ter the 1. day,
iii	f	Blaſe. biſh.	Sagit.	13	13	b	half an houre
iiii	g	Gilbert. cont.	Sagit.	28	14	c	after a 11. at
v	a	Agathy virg.	Capric.	13	15	d	night.
vi	b	Dorothy vir.	Capri.	27	16	e	
vii	c	Angle Biſh.	Aquar.	12	17	f	
viii	D	Shroue ſund.	Aquar.	26	18	G	New moon
ix	e	Apollon:	Piſce.	10	19	a	the 8. day, 43.
x	f	Sol in Piſces.	Piſce.	24	20	b	min. after 3. of
xi	g	Entrag. virg.	Aries.	7	21	c	the clocke in
xii	a	Tear me ends	Aries.	20	22	d	the afternoon.
xiii	b	Wolfron.	Taur.	3	23	e	
xiiii	c	Wed. goe out.	Taur	16	24	f	Firſt quar-
xv	D	Fauſtine.	Taur.	28	25	G	ter the 16. day,
xvi	e	Julian virg.	Gem.	10	26	a	33. min. after
xvii	f	Policron biſh	Gem.	22	27	b	3. in the mor-
xviii	g	Ember weeke.	Canc.	5	28	c	ning.
xix	a	Simeon biſh.	Canc.	17	29	d	
xx	b	Mildred virg	Canc.	29	1	c	March.
xxi	c	69. Martyrs.	Leo.	11	2	f	
xxii	D	Cath. S. Pet	Leo.	23	3	G	
xxiii	e	Policarpe.	Virgo.	5	4	a	
xxiiii	f	Loc. biſh. laſt	Virgo.	18	5	b	Full moon
xxv	f	S. Mathias.	Libra.	1	6	c	the 24. day, 19
xxvi	g	Alexand. biſh	Libra.	14	7	d	min. after 4. of
xxvii	a	Auguſt. biſh.	Libra.	27	8	e	the clocke in
xxviii	b	Oſwald. Arc.	Scor.	11	9	f	the morning.
xxix	C	3. ſund. in lent	Scor.	25	10	F	

March hath xxxj. dayes.

Now March begins the ſpringing time,
The Sunne hath got the equall lyne:
Vſe Phiſickes Art and all thy skill,
To helpe diſeaſes that be ill.

i	d	Dauid. biſh.	Sagit. 10	11	g	Laſt quar=	
ii	e	Chadd. biſh.	Sagit. 24	12	a	ter the 2. day,	
iii	f	Maurice.	Capri. 8	13	b	10. min. after 7	
iiii	g	Adrian.	Capri. 23	14	c	in the morne.	
v	a	Focas. & Euſ.	Aquar. 7	15	d	New moon	
vi	b	Victor. mart.	Aquar. 22	16	e	the 9. day, 48.	
vii	C	4 ſund. in lent	Piſce. 5	17	F	min. after 3. of	
viii	d	Felix. mart.	Piſc. 19	18	g	the clocke in	
ix	e	40. Martyrs.	Aries. 2	19	a	the morning.	
x	f	Agapite.	Aries. 15	20	b		
xi	g	Sol in Aries.	Aries. 28	21	c	First quar=	
xii	a	Gregory biſh.	Taur. 11	22	d	ter the 16. day	
xiii	b	Theodore.	Taur. 23	23	e	7. min. after	
xiiii	C	5. ſund. in lent	Gemin. 6	24	F	11. at night.	
xv	d	Longine mar.	Gem. 18	25	g	Iunii. of Ma.	
xvi	e	Ciriache.	Canc. 0	26	a		
xvii	f	Gertrude.	Canc. 12	27	b	Full moon	
xviii	g	Edward king	Canc. 24	28	c	the 24 day, 28.	
xix	a	Ioſ. Ma. huſ.	Leo. 7	29	d	min. after 5. in	
xx	b	Cuthbert.	Leo. 19	30	e	the afternoon.	
xxi	C	Palme Sun.	Virgo. 1	31	F		
xxii	d	Aphrodoſe.	Virgo 14	1	g	Aprill.	
xxiii	e	Theod. priеſt	Virgo 27	2	a		
xxiiii	f	Init. reg. la. faſt	Libra. 10	3	b		
xxv	g	Annun. Mar.	Libra. 24	4	c		
xxvi	a	Caſtor mart.	Scorp. 7	5	d	Laſt quar=	
xxvii	b	Martian. faſt	Scorp. 21	6	e	ter the 21. day,	
xxviii	C	Eaſter day.	Sagit. 6	7	F	6. min. after 1.	
xxix	d	Victor.	Sagit. 20	8	g	in the after=	
xxx	e	Quirine. mar.	Capr. 5	9	a	noone.	
xxxi	f	Adelme. biſh.	Capr. 19	10	b		

This Aprill, with his ſtormy ſhowers,
Doth make the earth yeeld pleaſant flowers:
Purge well therefore, for it is good,
To helpe the body, and cleanſe the bloud.

i	g	Theodore.	Aquar. 4	11	c	
ii	a	Mary Egipt.	Aquar. 18	12	d	
iii	b	Rich. biſhop.	Piſces. 2	13	e	
iiii	C	1. ſun. af. Eaſt.	Piſces 15	14	F	New moon the 7. day, about 5. in the afternoone.
v	d	Wed. com. in.	Piſces 29	15	g	
vi	e	Martian.	Aries. 12	16	a	
vii	f	Egiſippus.	Aries. 24	17	b	
viii	g	Perpetuus.	Taur. 7	18	c	
ix	a	July biſhop.	Taur. 19	19	d	First quarter the 15. day 47. min. after 5. in the afternoong.
x	b	Sol in Taurus.	Gemi. 1	20	e	
xi	C	2 ſun. af. Eaſt.	Gemi. 13	21	f	
xii	d	Oſwald. biſh.	Gemi. 26	22	g	
xiii	e	Eufemie virg	Cancer. 8	23	a	
xiiii	f	Ecarme beg	Canc. 20	24	b	
xv	g	Leonard.	Leo. 2	25	c	Mark Euan.
xvi	a	Iſidore. biſh.	Leo. 14	26	d	
xvii	b	Coſmie.	Leo. 27	27	e	
xviii	C	3. ſun. af. Eaſt.	Virgo. 9	28	F	
xix	d	Viphage. ar.	Virgo. 21	29	g	
xx	e	Victor. biſh.	Libra. 5	30	a	
xxi	f	Simion biſh.	Libra. 19	1	b	May.
xxii	g	Dother.	Scorp. 3	2	c	Full moon the 23. day, 46. min. after 3. in the morning.
xxiii	a	S. George.	Scorp. 17	3	d	
xxiiii	b	Wilfrid biſh.	Sagit. 1	4	e	
xxv	C	Mark Euan.	Sagit. 16	5	F	
xxvi	d	Clement biſh.	Capri. 0	6	g	
xxvii	e	Anaſtaſi. biſh.	Capri. 15	7	a	
xxviii	f	Vitalis. mar.	Capri. 19	8	b	Laſt quarter the 29. day, at 7. at night.
xxix	g	Peter mell.	Aqua. 14	9	c	
xxx	a	Erkenwald.	Aqua. 28	10	d	

Now gallant May in his array,
Doth make the fields pleasant and gay:
Walke early now for thy healths sake,
And still thou mayst some Physicke take.

i	b	Phil. & Iac.	Pisc.	11	11	g	
ij	c	Rogati. fund.	Pisc.	26	12	f	
iij	d	Med. goe out.	Arieg.	9	13	g	
iiij	e	Floxian.	Arieg.	21	14	a	
v	f	Godarde.	Taur.	4	15	b	New moon
vi	g	Ascention day	Taur.	16	16	c	the 7. day, 9.
vii	a	John Beuer.	Taur.	28	17	d	min. after 7.
viii	b	Appa. Mich.	Gem.	10	18	e	in the moyne.
ix	c	6. sun. af. Eas	Gem.	22	19	f	
x	d	Cearme ends	Canc.	4	20	g	
xi	e	Sol in Gemini.	Canc.	16	21	a	First quar=
xii	f	Achsley.	Canc.	28	22	b	ter the 15. day
xiii	g	Seruatius.	Leo.	10	23	c	23. min. after
xiiii	a	Boniface.	Leo.	22	24	d	10 in the moy=
xv	b	Isidore mar.	Virgo.	4	25	e	ning.
xvi	c	Whitsunday	Virgo.	17	26	f	Whitsunday.
xvii	d	Transl. of Be.	Libra.	0	27	g	
xviii	e	Diosesp. mar.	Libra.	13	28	a	Full moon
xix	f	Ember weeke.	Libra.	27	29	b	the 22. day, 7.
xx	g	Barnardine.	Scor.	11	30	c	minutes after
xxi	a	Hellen Quee.	Scor.	25	31	d	high=noone.
xxii	b	Julian, virg.	Sagit.	10	1	e	lune.
xxiii	c	Trinity sun.	Sagit.	25	2	f	Trinity sund.
xxiiii	d	Med. come in.	Capr.	10	3	g	
xxv	e	Adelme bish.	Capr.	25	4	a	Last quar=
xxvi	f	Angu. of en.	Aquar.	10	5	b	ter the 29. day
xxvii	g	Beda priest.	Aquar.	24	6	c	36. min. after
xxviii	a	Cearme beg	Pisce.	8	7	d	2. in the moy=
xxix	b	Corpus mar.	Pisce.	22	8	e	ning.
xxx	c	Felix. bish.	Aries	5	9	f	
xxxi	d	Petronill.	Aries	18	10	g	

Iune hath xxx. dayes.

This Moneth of Iune vſe clarified whay,
Boyl'd with coole hearbs drinke alway:
From violent exerciſe now abſtayne,
Except thou wilt in trouble remaine.

i	e	Nicho. mar.	Taur.	1	11	a	
ii	f	Marcelline.	Taur.	13	12	b	
iii	g	Eraſ. martir.	Taur.	26	13	c	New moon
iiii	a	Petroc. conf.	Gem.	7	14	d	the 5. day, a-
v	b	Boniface biſh.	Gem.	19	15	e	bout 10. at
vi	c	2. ſun. af. trin	Cancer.	1	16	F	night.
vii	d	Wolſtone.	Canc.	13	17	g	
viii	e	William arch.	Canc.	24	18	a	First quar-
ix	f	Edmund.	Leo.	6	19	b	ter the 14. day
x	g	Julian conf.	Leo.	18	20	c	46. min. before
xi	a	Barnaby.	Virgo.	0	21	d	1. in the morn.
xii	b	Sol in Cancer.	Virgo.	12	22	e	
xiii	c	3. ſund af. trin.	Virgo.	25	23	F	
xiiii	d	Anthony. con.	Libra.	8	24	g	Full moon
xv	e	Vite modeſte.	Libra.	22	25	a	the 20. day. 14.
xvi	f	Teerm ends.	Scor.	5	26	b	min. after 7. at
xvii	g	Botulph con.	Scor.	19	27	c	night.
xviii	a	Marc. & mar.	Sagit.	4	28	d	
xix	b	Nat. Rex Iac.	Sagit.	19	29	e	Peter Apoſt.
xx	c	4. ſund. af. trin	Capri.	4	30	F	
xxi	d	Maiburg vir.	Capri.	19	1	g	July.
xxii	e	Alban.	Aquar.	4	2	a	
xxiii	f	Etheld. faſt	Aquar.	18	3	b	
xxiiii	g	John Baptiſt.	Piſces.	3	4	c	
xxv	a	Tranſ. of ele.	Piſc.	17	5	d	
xxvi	b	John & Paul.	Aries.	1	6	e	Laſt quar-
xxvii	c	5. ſund. af. trin.	Aries.	14	7	F	ter the 27. day
xxviii	d	Leo. biſh. faſt	Aries.	28	8	g	22. min. after
xxix	e	Peter Apoſt.	Taur.	10	9	a	high noone.
xxx	f	Con. of Paul	Taur.	23	10	b	

Iuly hath xxxj. dayes.

Now in Iuly Dog dayes begin,
The Riuers are best to bathe in:
To take hot drinkes be not too bold,
But vse hearbs which be moyst and colde.

i	g	Oct. of Iob.	Gemini.	5	11	c
ii	a	Visit. of Ma.	Gem.	17	12	d
iii	b	Transf. Tho.	Gem.	29	13	e
iiii	c	6. sun. af. trin.	Canc.	10	14	f
v	d	Foe virgin.	Canc.	22	15	g
vi	e	Octa. of Pet.	Leo.	3	16	a
vii	f	Martialis.	Leo.	15	17	b
viii	g	Chillian.	Leo.	27	18	c
ix	a	Cirill bish.	Virgo.	9	19	d
x	b	7. Bzethzen.	Virgo.	21	20	e
xi	c	7. sun. af. trin.	Libza.	4	21	f
xii	d	Nabor. & Fel.	Libza.	17	22	g
xiii	e	Sol in Leo.	Scozp.	0	23	a
xiiii	f	Bonauent.	Scoz.	14	24	b
xv	g	Transf. Swi.	Scoz.	28	25	c
xvi	a	Transf. Osm.	Sagit.	12	26	d
xvii	b	Kenelm. king	Sagit.	27	27	e
xviii	c	8. sund. af. trin.	Capzi.	12	28	f
xix	d	Dog dayes beg.	Capzi.	27	29	g
xx	e	Marga. virg.	Aquar.	12	30	a
xxi	f	Praxe virg.	Aquar.	27	31	b
xxii	g	Mary Mag.	Pisce.	11	1	c
xxiii	a	Apoline bish.	Pisc.	26	2	d
xxiiii	b	Christian. fast	Aries.	9	3	e
xxv	c	James Apost	Aries.	23	4	f
xxvi	d	Anne mo. Ma	Taur.	6	5	g
xxvii	e	7. Sleepers.	Taur.	19	6	a
xxviii	f	Sampl. bish.	Gem.	1	7	b
xxix	g	Felix & his fel	Gem.	13	8	c
xxx	a	Abdon. & sem.	Gem.	26	9	d
xxxi	b	German. bish.	Canc.	7	10	e

New moon the 5. day, 11. min. after 1. in the afternoone.

First quarter the 13. day 30. min. after 11. in the forenoone.

James Apost

Full moon the 20. day, 38. min. after 2. in the morne.

Auguſt.

Laſt quarter the 27. day 13. min. after 1. in the morne

This Moneth of Auguſt take good heede,
For now will many ſurfets breede:
Let little ſleepe thee now content,
If that diſeaſes thou wilt preuent.

i	f	☾	Lammas day	Canc.	19	11	F
ii	g		Steph. biſh.	Leo.	1	12	g
iii	a		Inuent Ste.	Leo.	13	13	a
iiii	b		Juſtine.pꝛieſt	Leo.	25	14	b
v	c		Gowries con	Virgo.	6	15	c
vi	d		Tranſ.of Th·	Virgo.	19	16	d
vii	e		Ciriacke.	Libꝛa.	1	17	e
viii	f	☾	11.ſun.af.trin·	Libꝛa.	14	18	F
ix	g		Romane mar·	Libꝛa.	26	19	g
x	a		Laurence.	Scoꝛ.	10	20	a
xi	b		Tiburt. mar.	Scoꝛ.	23	21	b
xii	c		Clare virg.	Sagit.	7	22	c
xiii	d		Sol in Virgo.	Sagit.	22	23	d
xiiii	e		Euſebius.	Capꝛ.	6	24	e
xv	f	☾	Aſſum.of Ma	Capꝛ.	21	25	F
xvi	g		Roch. mar.	Aqua.	6	26	g
xvii	a		Oct.S.Laur	Aqua.	21	27	a
xviii	b		Agapite.vir.	Piſc.	5	28	b
xix	c		Magnus ma.	Piſc.	20	29	c
xx	d		Ludow. biſh.	Aꝛies.	4	30	d
xxi	e		Bernard con.	Aꝛies.	17	31	e
xxii	f	☾	13.ſun.af.trin.	Taur.	1	1	F
xxiii	g		Timothy.laſt	Taur.	14	2	g
xxiiii	a		Barthol. Ap	Taur.	27	3	a
xxv	b		Lewes king.	Gem.	9	4	b
xxvi	c		Dog dayes end	Gem.	21	5	c
xxvii	d		Rufſe mart.	Canc.	4	6	d
xxviii	e		Auguſt biſh.	Canc.	16	7	e
xxix	f	☾	Deco.of Joh.	Canc.	28	8	F
xxx	g		Felix & Aud.	Leo	10	9	g
xxxi	a		Cuthb. biſh.	Leo	22	10	a

New moon the 4. day, 26. min. after 4. in the morne.

First quarter the 11. day about 8. at

Barthol. Ap.

Full moon the 18. day, halfe an houre after 10. in the forenoone.

September.

Laſt quarter the 25. day 49. min. after 4. in the afternoone.

Now mayſt thou Phyſicke ſafely take,
And bleede and bathe for thy healths ſake:
Eate Figges and Grapes, and Spicery,
For to refreſh thy members dry.

i	f	Giles. abbot.	Virgo. 4	11	b		New moon
ii	g	Anthony. ma.	Virgo. 16	12	c		the 2. day, 10.
iii	a	Gregory.	Virgo. 28	13	d		min. after 7.
iiii	b	Tran. of Cut.	Libra. 11	14	e		at night.
v	C	15. ſun. af. trin	Libra. 23	15	F		
vi	d	Eugenius.	Scor. 7	16	g		First quar=
vii	e	Nat. Reg. El.	Scor. 20	17	a		ter the 10. day,
viii	f	Nat. of Mar.	Sagit. 4	18	b		43. min. after
ix	g	Gorgon. mar.	Sagit. 18	19	c		2. in the moꝛ=
x	a	Hilarius. biſh	Capri. 2	20	d		ning.
xi	b	Pꝛoth e Jac.	Capri. 17	21	e		Mathew Ap.
xii	C	16. ſun. af. trin.	Aquar. 1	22	F		
xiii	d	Sol in Libra.	Aquar. 16	23	g		
xiiii	e	Exalt. Cruc.	Pisc. 0	24	a		
xv	f	Ember weeke.	Pisc. 15	25	b		Full moon
xvi	g	Eufemie vir.	Pisc. 29	26	c		the 16. day, 10
xvii	a	Lambert. biſh	Arie. 13	27	d		min. after 8.
xviii	b	Victoꝛ. e coꝛ.	Arie. 26	28	e		at night.
xix	C	17. ſun. af. trin.	Taur. 9	29	F		Micha Arc
xx	d	Euſtace. faſt	Taur. 22	0	g		
xxi	e	Mathew Ap.	Gem. 4	1	a		October.
xxii	f	Maur. e his f.	Gem. 17	2	b		
xxiii	g	Eſdra.	Gem. 29	3	c		
xxiiii	a	Samuel.	Canc. 11	4	d		Laſt quar=
xxv	b	Firmine mar.	Canc. 23	5	e		ter the 24. day
xxvi	C	18. ſun. af. trin.	Leo. 6	6	F		about 8 11.
xxvii	d	Coſm. e Da.	Leo. 18	7	g		in the moꝛe=
xxviii	e	Exuper. biſh.	Virgo. 0	8	a		noone.
xxix	f	Michael Arc.	Virgo 12	9	b		
xxx	g	Jerom. pꝛieſt	Virgo 25	10	c		

October hath xxxj. dayes.

This moneth hot drinkes and meates be good,
To keepe thy health and nourish thy bloud:
Prouide warme Cloathes, and goe dry,
Thou shalt escape much danger thereby.

i	1	Remig⁹. bish.	Libra.	7	11	c		New moon
ii	b	Leodag. bish.	Libra.	20	12	c		he 2. day,
iii	C	19. sun. af. trin.	Scorp.	3	13	F		9. min. after
iiii	d	Francis con.	Scor.	17	14	g		9. in the fore-
v	e	Apollin mart.	Sagit.	0	15	a		noone.
vi	f	Faith. virg.	Sagit.	14	16	b		
vii	g	Mart. & mar.	Sagit.	28	17	c		
viii	a	Pelagie virg.	Capri.	13	18	d		Luke Euan.
ix	b	Tearme beg.	Capri.	27	29	e		First quar-
x	C	20. sun. af. trin	Aquar.	12	20	F		ter the 9. day,
xi	d	Nichos. mar.	Aqua.	26	21	g		46. min. after
xii	e	Wilfrid bish.	Pisce.	10	22	a		8. in the fore-
xiii	f	Sol in Scorpio.	Pisce.	24	23	b		noone.
xiiii	g	Calixt. bish.	Aries.	8	24	c		
xv	a	Wolfran. bish.	Aries.	21	25	d		
xvi	b	Witb. mount.	Taur.	4	26	e		Full moon
xvii	C	21. sun. af. trin.	Taur.	17	27	F		the 16. day, 16
xviii	d	Luke Euang.	Gem.	0	28	g		min. after 8. in
xix	e	Rhodeswick	Gem.	12	29	a		the forenoone.
xx	f	Iustrebert.	Gem.	24	30	b		
xxi	g	Ursula. virg.	Cancer	7	31	c		
xxii	a	Mary Salo.	Canc.	19	1	d		Nouember.
xxiii	b	Roman bish.	Leo.	1	2	c		Last quar-
xxiiii	C	22. sun. af. trin.	Leo.	13	3	F		ter the 24. day
xxv	d	Crisp. & Cris.	Leo.	25	4	g		42. min. after 6
xxvi	e	Enar. & ama.	Virg.	8	5	a		in the morne.
xxvii	f	Florence. fast	Virgo.	20	6	b		
xxviii	g	Sim. & Jude.	Libra	3	7	c		New moon
xxix	a	Narcis. bish.	Libra	16	8	d		the 31. day, 57
xxx	b	German. bish.	Libra	29	9	e		min. after 9.
xxxi	C	Quintine. fast	Scorp.	12	10	F		at night.

Nouember hath xxx. dayes.

Now maist thou drinke sweet wine freely,
And vse good mirth and company:
Abstayne from wrath, and all enuy,
And vse thy Brethren charitably.

i	d	All Saints.	Scor.	26	11	g	
ii	e	All Soules.	Sagit.	10	12	a	
iii	f	Winifrid.	Sagit.	24	13	b	
iiii	g	Amantius.	Capr.	9	14	c	
v	a	Papists con	Capr.	23	15	d	First quar-
vi	b	Leonard. ab.	Aquar.	8	16	e	ter the 7. day,
vii	c	24. lun. at. trin	Aquar.	23	17	f	42. min. after
viii	d	4. Crowned.	Pisc.	7	18	g	3. in the after-
ix	e	Theod. mar.	Pisc.	21	19	a	noone.
x	f	Martin.	Aries.	5	20	b	
xi	g	Martine bish.	Aries.	19	21	c	
xii	a	Sol in Sagit.	Taur.	1	22	d	Full moon
xiii	b	Brice bish.	Taur.	14	23	e	the 14. day,
xiiii	c	25. lun. at. trin	Taur.	26	24	f	24 min. after
xv	d	Machute. bish	Gem.	9	25	g	a. 11. at night.
xvi	e	Depos. of Ed.	Gem.	21	26	a	
xvii	f	Hugh bish.	Cancer.	3	27	b	
xviii	g	Octa. of mart.	Canc.	15	28	c	
xix	a	Elizabeth.	Canc.	27	29	d	
xx	b	Edmund kin.	Leo.	9	30	e	Andrew Ap.
xxi	c	26. sun. at trin	Leo.	21	1	f	December.
xxii	d	Cicely virg.	Virgo.	3	2	g	
xxiii	e	Clement bish	Virgo.	15	3	a	Last quar-
xxiiii	f	Grisog. mart.	Virgo.	28	4	b	ter the 23. day
xxv	g	Kather. virg.	Libra.	11	5	c	43. min. after
xxvi	a	Linus. bish.	Libra.	24	6	d	2. in the morn-
xxvii	b	Agricola.	Scor.	7	7	e	ing.
xxviii	c	Advent sund.	Scor.	21	8	f	New moon
xxix	d	Ter. end. fast	Sagit.	5	9	g	the 30. day, 46
xxx	e	Andrew Apo.	Sagit.	19	10	a	min. after 9.
							in the meane.

December hath xxxj. dayes.

This Moneth as I doe now remember,
The twenty fiue of this December
Our Sauiour Christ was borne that day,
That we might praise his name alway.

i	f	Eligius bish.	Capr.	4	11	b
ii	g	Liban. mar.	Capr.	19	12	c
iii	a	Dep. of Osm.	Aquar.	3	13	d
iiii	b	Barbara vir	Aquar.	18	14	e
v	c	2. sun. in Ad.	Pisc.	3	15	F
vi	d	Nicholas. bish	Pisc.	17	16	g
vii	e	Oct. S. Andr.	Aries	1	17	a
viii	f	Con. of. Ma.	Aries	15	18	b
ix	g	Cipzian. Bb.	Aries	28	19	c
x	a	Chzistian.	Taur.	11	20	d
xi	b	Damas. bish.	Taur.	24	21	e
xii	c	Sol in Capric.	Gem.	6	22	F
xiii	d	Paul bishop.	Gem.	18	23	g
xiiii	e	Lucian.	Canc.	0	24	a
xv	f	Ember weeke.	Canc.	12	25	b
xvi	g	O Sapientia	Canc.	24	26	c
xvii	a	Lazarus b:sh.	Leo	5	27	d
xviii	b	Gratian bish.	Leo	17	28	e
xix	c	4. sun. aft. Ad.	Leo.	29	29	F
xx	d	Julian. fast	Virgo	11	30	g
xxi	e	Thomas Ap	Virgo	23	31	a
xxii	f	30. Martyzs.	Libza	6	1	b
xxiii	g	Victoz virg.	Libza	18	2	c
xxiiii	a	Clandy. fast	Scozp.	2	3	d
xxv	b	Chzistmas.	Scoz.	15	4	e
xxvi	c	S. Stephen	Scoz.	29	5	F
xxvii	d	S. John.	Sagit.	13	6	g
xxviii	e	Innocents.	Sagit.	18	7	a
xxix	f	Thom. Bec.	Capr.	12	8	b
xxx	g	Dauid.	Capr.	21	9	c
xxxi	a	Siluest. mar.	Aqua.	1	10	d

First quarter the 7. day, 24. min. before 1. in the morning.

Full moon the 14. day, 11. min. after 5. at night.

Chzistmas.
S. Stephen.
S. John.
Innocents.

Ianuary.

Last quarter the 21. day 34. min. after 9. at night.

New moon the 29. day, 31. min. after 8. at night.

NEVE. 1624.

A Prognoſtication ſeruing for the yeare of our Lord God and *Sauiour Ieſus Chriſt.* 1624.

Wherein you may obſerue, the grounds of the alteration and condition *of the foure quarters of this yeare, & alſo the diſpoſition of the Ayer for each ſeuerall Moneth, according to the inclination of the Celeſtiall bodyes,* with the change of the Moone, and the tyme of the Eclipſes: and other neceſſarie obſeruations, Conuenient in ſuch a worke to bee noted.

Calculated, and eſpecially referred to the longitude and eleuation of the Pole Article of the famous towne of *Great Yarmouth* in *Norfolke*, and may ſerue indifferently for all England.

Collected and publiſhed by *Jeffery Neue*, Gent.

A neceſſary rule to knovv the beginning and ending of euery Terme, with their Returnes.

Hillarie Terme beginneth the 23. daie of January, and endeth the 12 of Febꝛuary, and hath foure returnes.

Octabis Hillarij. } { Craſtino Purifica.
Quind. Hillarij. } { Octabis Purifica.

Eaſter Tearme beginneth the 14. of Apꝛill, and ends the 10. of May, hauing fiue Returnes.

Quind. Paſchæ. } Menſe paſchæ. { Quinque paſchæ.
Tres paſchæ. } { Craſt. Aſcen.

Trinitie Tearme beginneth the Fꝛyday next after Trinitie Sunday, and endeth the ſwednesday foꝛtnight after, and hath 4 returnes. that is to ſay,

Craſti. Trinitatis. } { Quind. Trinitatis.
Octabis Trinitatis. } { Tres Trinitatis.

Michaelmas Terme beginneth the 9 day of October, and endeth the 29 of Nouember, and hath 8 Returnes, that is to ſay.

{ Octabis Michael. } { Craſt. Animarum. }
{ Quind Michael. } { Craſt. Martinj. }
{ Tres Michael. } { Octabis Martinj. }
{ Menſe Michael. } { Quind. Martinj. }

Note that the Exchequer openeth Eight dayes beforꝛe any Terme begins, except Trinity Terme, in which it openeth but foure dayes beforꝛe.

On theſe dayes following, the Iudges ſit not at Weſtminſter.

In { Hillarie. / Eaſter. / Trinitie. / Michael. } Tearme on { Candlemas / Aſcenſion / Midſomer / Alholland } day.

Certaine

Certaine profitable Rules, and briefe obſeruations, concerning husbandrie.

The beſt time to ſow all kind of Corne, is when the mone goeth her courſe in Cancer.

The beſt time to plant and graft, when the Mone is in a fixed ſigne, eſpecially in Taurus or Aquarius, and in the increaſe of the Mone, which is betweene the change and the full.

To ſet & ſow all kind of ſeedes, the mone being well ſeated in Aries, Taurus, Cancer, Vigo, Libra, Capricornus, Aquarius, or Piſces.

Fell Timber to build withall, when the Mone is towards the laſt quarter, ſhe being then in Aquarius, or Piſces.

Crop trees & fell wood to burne, that the ſtocke may the better and ſoner grow againe, when the Mone is in the firſt quarter.

Remoue and ſet young trees, in the laſt quarter of the mone, in Taurus, or Capricornus, and that in the moneth of September, October, Nouember, & Febzuarie.

The beſt time to geld cattell, the mone being in Aries, Sagittarius, or Capricornus.

The beſt time to cut Vines, is in Febzuarie or March, the mone increaſing, in Taurus, Virgo, or Libra.

The beſt tim to ſheare ſheepe, is in the increaſing of the mone, and that is from the change to the full.

To cut hayze, that it may the ſoner grow againe, the mone increaſing in Taurus, Virgo, or Libra.

To make your land that the weedes may not grow thereby, is in the decreaſing of the mone, that is from the full to the change.

THere ſhall appeare and be preſented vnto the view of ỹ Inhabitants (vpon this our Tereſtiall Globe) this yeare of our Lord God, 1624. fiue Eclipſes of the two great lights of Heauen, Three of the Sun, and two of the Moone, whereof the three of the Sun ſhall not be apparant in our Horizon, and therefore I omit to make any further relation of them.

Of the firſt Eclipſe of the Moone.

VPon the 24 of March being Wednesday, from the going downe of the Sun vntill after 7 of the clocke at night, there will ſenſibly & viſibly appeare a great and fearefull Eclipſe of the Moone in our Horizon, by reaſon of the earthes interpoſition betweene the Sun and her, ſhee being at that inſtant placed in the ſecond face of Libra, and diametrally oppoſite vnto the Sun (neere Caput Draconis,) in a ſigne of the ayerie triplicitie, naturally heate and moyſt, of complection Sanguine, Maſculine of the day occidentall and moueable, the Houſe of Venus, and the exaltation of Saturne, and the fall of the Sun, this lunarie obſcuration from the beginning to the ending wilbe 3 houres & 56 min. the poynts or degrees eclipſed, are 18 and 53 min.

Now touching this lunarie depriuation, the effects, influence, and ſignifications thereof, ſhall moſt effectually worke and take place, in ſuch Countries, Citties, and Townes, as are vnder the gouernment of the firſt Quadrangle, and thoſe perſons which in their Radix or reuolution thereof, haue the degrees Horoſcopicall, the Sun, the Moone, the Lord of the aſcendent, the Lord of the Natiuity, Medium Cæli, Pars Fortunæ, or other fiue Planets placed in the 13 grade: of Libra, Cancer, Capricornus, or Aries, ſhal be chiefly obnoxius, to the

the force and violence thereof.

Of the Second Eclipse of the Moone.

THere will be obiected to our sights, a total Eclipse of the Moone on the 16 of September being Thursday, about 8 of the clocke at night, shee being then placed (neere Cauda draconis,) in a signe of the partition of the fierie Triplicitie, naturally hot and dry, of complection, Colericke, Masculine orientall, the house of Mars, the exaltation of the Sunne, and the fall of Saturne: This lunary obscuration, doth continue from the beginning to the ending 3. houres and 57. min: the poynts or degrees eclipsed, are 20 and 27 min: &c.

The great Coniunctions of great Starres,
the Eclipse of Sunne and Moone:
Doth threate great death, great death, and warres,
if we repent not soone.
Now God aboue, and wrath aboue,
and Heauen aboue relent:
And man beneath, and sinne beneath,
and earth beneath, Repent.

Briefe Rules and necessarie Obseruations, concerning Bbeeding, Bathing, Purging, and sweating, according to the motions *of the Moone.*

WHen the weather is either extreame hot or cold, it is not then conuenient, either to let blood or to purge, vnlesse some great necessitie doe require it: yet notwithstanding if this blood-letting be for the Phren-

ſie, the Apoplexie, for a continuall head-ach, proceeding of choller or blood, or any hot burning feuer or other extreame payne, a man in ſuch a caſe may not tarry a choſen time, becauſe the patient might miſcarrie in the meane ſeaſon. But in this aforeſaid caſe of extreamity, blood is not to be let in ſuch a quantitie as otherwiſe it would, if a choſen time might be expected.

The beſt time to let the Phlegmaticke blood, is when the Moone is ♈, or ♐, the head and thighes excepted.

For the Melancholy, the moone being in ♎, or ♒, the buttockes and legges excepted.

For the Cholericke, the Moone being in ♋, ♍ or ♓, the breſt and feete excepted.

For ☿ Sanguine, all be good which before is named.

In the ſpring time let blood at the right ſide.

In Harueſt time let blood at the left ſide.

For Bathing.

BAthings are commonly vſed rather for pleaſure then for profit, eſpeciall where hot-houſes are ouermuch haunted: But I mind not to ſpeake of them in this place, otherwiſe then to aduertiſe thoſe ☿ tender their owne health, to be warie and circumſpect in reſorting vnto them without iuſt cauſe, and immediately after or with ſuch perſons as be vncleane. Know that it is not good to Bath when the Moone is in earthly ſignes as in ♉, ♍, or ♑, the reaſon is becauſe they are of a cold and dry nature, & the nature of cold is to reſtraine & bind, & ſo the Moone being in theſe ſignes, the pores of the body are cloſed and ſhut, ſo that there can be no reſolution of humors and ſuperfluities, which by Bathing ought to be auoyded.

But in firie ſignes, as when the ☽ is in ♈, ♌, or ♐, then it is a good time for Bathing, for then the body is apt

apt to resolution, for it is the nature of heate to open and resolue.

It is best bathing 2 or 3 dayes after the change, and at the full of the Mone, for then the superfluities are ripe and ready to auoyd, and disposed to flow and issue out, which indeede is the end and vse of bathing.

If any will enter into the Bath onely for cleanenes sake, let the Mone be in Libra, or Pisces.

Further if Bathing be vsed for health, let the party greeued, learne of the wise Phisition, whether his sicknesse hath neede of moystening or dryng, for it doth require moystening as in Phthisis and such like, then let him bath in watery signes, hauing good aspects of Iupiter and Venus: But if the sicknesse require dryng as in Paralysis and the like, then let him bathe the ☽ being in fierie signes, hauing good aspects of Mars, & the Sunne.

Also before you enter into any Bath, your body must be first purged, for if you goe in vnprepared & vnpurged, peraduenture you may be worse after then before.

The best time of the yeare to bath in, is the Spring and Harueste, and in them the moneths of May & September. The best time of the day to goe into the bath, is one houre after the Sun rising at the least, alwaies prouided, that you must walke either an howre or halfe an howre before, and haue a stoole either by nature or by art: ye must couer you heads well so long as ye be in the bath, and beware you drinke not cold drinke, although you bee very thirstie, but forbeare all things that bee cold, least when you are hot within, and cold strike suddenly into some principall member, and so hurt you.

The time of tarying in the Bath, is commonly one howre, but it may be more or lesse, according to the na-

ture of the bath, or ſickneſſe of the partis, at the diſcretion of the wiſe Phiſition.

For Purging.

In purging, theſe 5 things ought to be knone
1 The humor which aboundeth.
2 The beſt way to auoyd it.
3 The ſtrength of the perſon.
4 The manner of the ſickneſſe.
5 The force and nature of the medicine.

For when theſe things are not conſidered and obſerued, many perillous accidents may follow, and greatly hurt and grieue the body.

Good ſignes for purging generally, are Cancer, Scorpio, and Piſces.

Particularly, as with potions or drinkes, in ſcorpio. Purge with electuaries, the moone being in Cancer. Purge with Pills, the moone being in Piſces.

Take preparatiues, the Moone being in Gemini, Libra, or Aquarius.

Take vomits, the Moone being in Aries, Taurus, or Capricorne.

Take Gargariſes, the Moone in Aries, Cancer, or Capricorne.

Take Glyſters, the Moone in Libra, or Scorpio.

To prouoke neeſing, the Moone in Cancer, Leo, or Libra.

To ſtop fluxes, rhumes, and laxes, the moone being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue attractiue, the moone in Aries, Leo, or Sagitarius.

Good to comfort the vertue digeſtiue, the moone in Gemmini, Libra, or Aquarius.

Good to comfort the vertue retentiue, the moone in Taurus,

Taurus, Virgo, or Capricornus.

Good to comfort the vertue expulſiue, the Moone in Cancer, Scorpio, or Piſces.

For vſing of Unguents or plaiſters, it is beſt applyed, when the moone is in that ſigne which gouerneth the ſame member or part of the body to which it is applyable.

For Sweatings.

SWeatings as they are of two ſorts, that is to ſay, naturall and artificiall, ſo they are vſed for two ends and purpoſes: The naturall ſweat, if good héede bee taken in opening of thr pores, will diſſolue groſſe and thicke humors, will cleanſe the blood, will comfort the Spirits, will put away cold, will conſume raw humors, qualifie and quench raging feuers, will helpe numneſſe, and the dropſie.

The artificiall ſweat, will cleanſe ſcabs, put away itch, amend dulneſſe, in hearing eaſe the Stone, reſolue congealed and cold Melancholy blood and humors, &c. But for the better performing and effectuall working in theſe cauſes, the courſe of the learned Phiſition is to be deſired and vſed.

The beſt & méeteſt ſignes to ſweat in, are Leo, Aries and Sagitarius, and that two or three dayes after the change, and at the full of the Moone. And note that ſweatings is better to be done in the euening then in morning, for when the body hath nouriſhment within, the ſpirits ſhall not bee drawne ~~vtterly forth~~ to the extreame parts: Note further that leane folkes, and dry or feéble perſons, muſt ſweate little, for it will hurt them much, but fatt folkes may ſweate well, and it will helpe them much.

A Deſcription of the Foure Quarters of this yeare of our Lord God, 1624.

Winter

WInter (which is the chiefe Capitall foe for the Spring, the disgrace of Summer, and the deepe deuourer of the fruitfull Harueſt,) began to take his effects, (according to our vſuall computation, the 12. of December in the yeare aforegoing, at the firſt entering of the Sun into the firſt minut of the ſigne Capricornus, at which time the Sun ſhall be at his greateſt ſouth declination from the equinoctiall line, ſo that hee riſeth South-eaſt, and ſetteth South-weſt. Now is the hiemall or winter Solſtice, for the Sun is ſo far remoued from our Zenith or verticall poynt, that hee cannot decline any further, and ſtands at a ſtop & ſtay, & then is the ſhorteſt day in all the yeare, & the longeſt night, and ſo this quarter doth continue vntill the 11. of March nex enſuing.

This ſeaſon is by nature cold & moyſt, vnpleaſant for the moſt part to trauellers, either by land or Sea, and vnto aged perſons, it is very combrous and noyſome, cauſing ſuperfluitie of rawneſſe, and abundance of cold moyſtneſſe to ouerflow their bodyes, to their great troubles and diſquietneſſe, &c.

The diſeaſes or ſickneſſes, will bee ſuch as vſuall attend this quarter, as wandering Agues, Coughes, Poles, Catarres, Hoarſeneſſe, Gouts, palſies, and ſuch like. The Lord of his infinite mercy turne all euils away from vs, Amen.

Thus will the Starres if God aſſent,
Whoſe power alone can all preuent.

Of the Spring.

THe Sun (which is the eye of the World, the fountaine of light, and the chiefe moderator of all the reſt of the lights,) hath like a Gyant run his race, and finiſhed

shed his reuolution, (Gradatim) throughout the 12. signes, and now beginneth his Journey afresh againe, and goeth an euen course, and so he comes an indefferent Arbiter betweene the day and the night, & maketh equality throughout his whole gouernement, to the great ioy and comfort of all his reuiued Subiects, cheering with his splendent countenance the poore afflicted weather-worne weedes of this our darke Starre of mortality, (which the darkened countenance of winters extremity had almost subdued) with his most excellent presence, whereat the earth begins to smile, and to put on her new apparrell, the flourishing Liuerie of fresh Flora.

This season is naturally hot & moyst, the most temperate time of all the yeare, & least breeder of sicknesses that doth procure death, and a very conuenient time for the remouing of sicknesses and griefes gotten before, & also to auoyd and preuent those that are to come: For now the dull sences and spirits of men and other creatures are quickned and reuiued, and therefore the humors which doe abound & are readiest to represse nature, are fit to bee emptied and auoyded, whether by blood-letting, purging, or otherwise, as the learned Phisition shall aduise, and as the cause of the disease shall require, such therefore as be diseased, let them neglect this time.

Sundry sorts of diseases & infirmities are threatned this quarter, as paynes in the eyes, & head, small pox, putred feuers, tetters, biles, swellings, impostumes, & obstructions with much corruption of blood.

Infections from the Starres may fall,
But one aboue doth stay them all.

Of

Of Summer.

SUmmer the third part of our vulgar yeare according to our vsuall computation, now when the Sun hath fully determined the spring time with his last grade of Gemmini, & hath mounted in his motion to the highest poynt of his course, namely to the first degrée of Cancer, which will be this yeare on the 12 of June. Now is the second Solstice of the yeare called the Estiuall or Summer Solstice, for euen as the Sun when he entreth into Capricorne, hath his greatest south declination, from the Equinoctiall line, so now at his ingresse into the beginning of Cancer, hée hath his greatest declination towards ỹ North, from the sayd Equinoctiall line, & euen then, as at the time of the winter Solstice, hee was so farre remoued from our verticall poynt, that he could not moue no farther towards the South, & was therefore to approach againe towards our North latitude, at which time he séemeth to stand: So now being come so néere our Zenith, that hée cannot moue no farther towards the North, and is therefore to reuert againe towards the South latitude. At his first going from vs hée séemeth also to stand, Insomuch that euen as before at his returne towards vs againe he made with vs the shortest day and longest night in the yeare, so now at his returne from vs, hée maketh with vs contrarywise the longest day and shortest night in the yeare: And afterwards declineth more and more from vs, like as before he moued more towards vs.

This season according to his proper nature is hote & dry, turning the humors of mens bodies, from coldnes and moysture, into hotnesse and drynesse, resembling the element of fire, & complexion of Choller bringing all fruits to their ripenesse, cattell to their fatnesse, and men to their wealth.

The

The Infirmities of this season, are supposed to bee hot burning feuers, frensies, paine in the head, plurisies, sharpe scalding of the Vrine, to them that be cholericke, and such other distemperatures of the heate of blood, and choller which will cause dangerous diseases.

Though Starres incline to worke vs ill,
All shall be as the maker will.

Of the last quarter called Autumne.

AUtumne, according to our accustomed computation, the last quarter of this yeare, beginneth at Suns departure from the last scruple of Virgo, into the first degree of ỹ seccond Equinctiall signe Libra, the which will be this yeare on the 13. day of September, the day & night being of an equall length as in the spring. At which time is the Autumnall Equinoctiall, for euen as at the Suns entrance into Aries, the day by increasing from the Winter Solstice till then came to bee Equall with the night, going on still more and more till the Summer Solstice, when was the longest day and shortest night. So now the night by increasing from the estinall Solstice to this the Suns ingredience into Libra, hath got to be equall with the day, and shall increase more and more till the Brumall Solstice come againe, when the night is longest & the day shortest, and this time of the yeare is of it selfe vnconstant & variable, warme in the day time, & cold in the night.

This quarter because of the inequality of temperature, may as Hippocrates sayth, may be called the mother or nurse of deadly sicknesses. And Galen sayth, that this time of ỹ yeare is very dangerous for taking of sicknesses.

Griefes and diseases insident vnto this quarter, are Oppilations of the spléne, quartane feuers, obstructions of the Liuer, blacke Iandies, Hemerods, dropsies,

ties, falling ſickneſſes, conſumptions, & many melancholy diſeaſes.

Thus euery Planet in his kind,
Is to performe the Almighties mind.

A declaration of the inclination of the weather and winds according to the diuers motiõs & influences of the erraticall & fixed ſtarres: with the day, houre, & minute of the change of the moone, her full, & quarters: & alſo of the riſing & ſetting of the Sun, in euery 7 day of euery moneth of this yeare.

Of Ianuarie.

Day	The Sun riſeth.	The Sunne ſetteth.
1	hou 8 and 3 min.	hou 3 and 57 min.
7	hou 7 and 56 min.	hou 4 and 4 minu,
14	hou 7 and 46 min.	hou 4 and 14 min.
21	hou 7 and 34 min.	hou 4 and 26 min.
28	hou 7 and 23 min.	hou 4 and 37 min.

Laſt quarter the 3 day 41 min: after 1 of the clocke in the afternoone, windy and vnconſtant.

New Moone the 10 day 33 min: after 4 of the clocke in the mor: ſome ſtorme to be expected.

Firſt quarter the 17 day 56 min: after 7 of the clocke in the mor: windy and ſtormy.

Full Moone the 25 day 13 minutes after high noone, ſtormes and loftie winds.

Ianuaries Abſtract.

In this moneth let not blood, neyther vſe but litle Phiſicke, except great neceſſitie conſtraines thee, and beware of taking cold, for in this moneth Rheumes & flegme doe much increaſe: to faſt long is hurtfull, but to drinke white wine faſting is good & wholeſome: vſe meates that are naturally hot, moderately, and weare warme clothes.

In

In worldly busines, this moneth you may set all kind of commō fruit-trées or plants, as peares, plums, cherrie, silberds, walnuts and such like, Hawthornes, & all sorts of quicksets, trées or plants, are fittest to bée generally set, from the change to the first quarter.

Take away Mosse and superfluous branches from your trées, & this moneth is good to set Beanes, Pease, Parsnips, Redish, Lékes, Garlicke, Turnips, and Onions, if the weather be mild, and the moone past her full. You may begin to graft at the end of this moneth, so as the moone be increasing in her light.

Good Husbands also this moneth, crop their trées, fell Tymber, and geld Cattell, such as must be gelded, the state of the Moone alwaies considered.

Of Februarie.

Day	The Sun riseth.	The Sun setteth.
1	hou. 7. and 13. min.	hou. 4. & 47 min.
7	hou. 7 and 4. min.	hou. 4. & 56 min.
14	hou. 6. and 50. min.	hou. 5 & 10. min.
21	hou. 6. and 34. min.	hou. 5 & 26. min.
28	hou. 6. and 22. min.	hou. 5 & 38. min.

Last quarter the 1 day halfe an houre after a 11 of the cloche at night, stormy and wett.

New Moone the 8 day 43 min: after 3 of the clocke in the afternoone, winterly weather.

First quarter the 16 day 33 min: after 3 of the clocke in the morning, fitting to the season.

Full Moone the 24 day 19 min: after 4 of the cloke in the morning, cold and cloudy.

Februaries Abstract.

In this moneth, all slimie fish, milke or Rice, and such like, that doe oppilate or stop the Lyuer & vaynes,

or

or thicken the blood, are to be eſchewed as enemies to health, alſo yet forbeare phliſicke and letting of blood, except great neceſſity doe conſtraine it, & learned counſell doe aduiſe it, beware of taking of cold, for now Agues are apt to be taken, & it is very ill to take heates & afterward ſodaine could vpon them. In this moneth, is the moſt apt time to graft, to plant, and to ſet all kind of trees and buſhes, the winde and weather & the age of the Moone aforehand conſidered. Peaſe, Beanes, Haſtings, Onions, Parſenips, & ſuch like as in January may very fittly be ſet in the wane of the Moone. The time is now to trim vp gardens, to ſet and ſow all kind of Kitchin hearbs, to ſet ſlips and to ſow kernels, to ſow Muſtard ſeede and Oates, to ſet Hops & Vines, and to cut and to prune them, and to ſticke vp your Rounſifall Peaſe and Haſtings.

Of March.

Day	The Sun riſeth.	The Sunne ſetteth.
1	houres 6 and 20 min.	houres 5 and 40. minuts.
7	houres 6 and 8. min.	houres 5 and 52. minuts.
14	houres 5 and 54 min.	houres 5 and 6. minuts.
21	houres 5 and 40 min.	houres 6 and 20 minuts.
28	houres 5 and 26 min.	houres 6 and 34. minuts.

Laſt quarter the 2 day 10 min: after 7 of the clocke in the moz: apt for the time.

New Moone the 9 day 43. min: after 3 of the clocke in the morning, inclined to moyſture.

Firſt quarter the 16 day 7 min: after 11 of the clocke at night, ſom fall of moyſture.

Full Moone the 24 day 28 min: after 5 of the clocke in the afternoone, anſwerable for the ſeaſon.

Laſt quarter the 31 day 6 min: after 1 of the clocke in the afternoone, temperate.

Marches Abſtract.

In this moneth, the humors of mans body doe begin

gin to increase: and now grosse feeding breedeth grosse blood and grosse humours, and therefore vse meates of good digestion, and such as breed good iuyce: it is a good tyme to purge and clarifie the blood, by potions, Bathings and bloud letting, or such otherwaies, as the learned Phisition shall appoynt, & as the cause of the disease shall require, Now also sweete meates and drinkes are commendable.

The time of grafting as yet indureth, together with setting, sowing, proyning, & plashing of Vines, hops, willowes, Oates, field-pease, Onions, Parsenips, and such like, &c.

Of Aprill,

Day	The Sun riseth.	The Sunne setteth
1	hou 5 and 18 min.	hou 6 and 42 min.
7	hou 5 and 6 min.	hou 6 and 54 min.
14	hou 5 and 54 min.	hou 7 and 6 min.
21	hou 4 and 39 min.	hou 7 and 21 min.
28	hou 4 and 29 min.	hou 7 and 31 min.

New Moone the 7. day about 9. of the clocke in the afternoone, inclined to moysture.

First quarter the 15 day 47 min: after 5 of the cloack in the forenoone, windy and vnconstant.

Full moone the 23 day 46 min: after 3 of the clocke in the morning, some fall of moysture.

Last quarter the 29 day about 7 of the clocke at night, fitting to the season.

Aprils Abstract.

In this moneth of Aprill, ỹ pores of mans body are opened, & apt to receiue phisicke: & they that refuse the same, I commit them to the benefit of nature, for of all times of ỹ peare, this is the best time to preuent causes of sicknesses, or for speedy remedie in extremities: For now nature doth renew strength through all the body. So where sickenesse happeneth, shee soone vnburdeneth

by the meanes of Phisicke: wherefore what it cannot doe now, hereafter it will hardly be done, therefore take time whilst time is, &c.

As yet you may graft and proine vines, and also sett melons, cowcumbers, citrons, hartichokes, and pole vp Hoppes, sow Barly, Tanners apply themselus to barking of trees, &c.

Of May.

Day	The Sun riseth.	The Sun setteth.
1	houres 4 and 23 min:	houres 7 and 37 minuts.
7	houres 4 and 15 min:	houres 7 and 45 minuts.
14	houres 4 and 5 min:	houres 7 and 55 minuts.
21	houres 5 and 56 min:	houres 8 and 4 minuts.
28	houres 5 and 50 min:	houres 8 and 10 minuts.

New moone the 7 day 9 min: after 7 of the clocke in the morning, ouercasting clouds for raine.

First quarter the 15 day 23 min: after 10 of the clocke in the forenoone, apt for the time.

Full Moone the 22 day 7 min: after high noone, seasonable and temperate.

Last quarter the 29 day 36 min: after 2 of the clocke in the morning, ouercasting clouds.

Mayes Abstract.

In this moneth rise early, for may doth not loue any sluggards, and let such as be in health and able walke into the fields, and to eate and drinke betimes is good & wholesome, abstayne from all meates as be of a hot nature, and such as be sicke, it is a very good time to be let blood, or to take phisicke. Such as bee whole God kepe them in health, & such as be sick, God send them good Phisitians and phisicke.

The time is now fitting to sow basil maierom & such fine seeds as before might not be sowne, because of the coldnesse of the weather. Set sage according to the prouerbe, set sage in may & it will last alway. Sow flaxe and hempe, set hartichockes, weede your hops, & gardens, see to your grafts that no superfluous branches

trouble

trouble them, may dew rosemary flowers, and beane flowers, may at your pleasure bee now distilled this moneth, and now also haue a care of watching of your bées.

Of Iune.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 3 and 49 minuts	houres 8 and 11 minuts
7	houres 3 and 46 minuts	houres 8 and 14 minuts
14	houres 3 and 47 minuts	houres 8 and 13 minuts
21	houres 3 and 49 minuts	houres 8 and 11 minuts
28	houres 3 and 52 mtnutr	houres 8 and 8 minuts.

New Moone the 5 day about 10 of ỹ cocke at night, fayre and plasant.

First quarter the 14 day 46 min: before one of the clocke in the morning, fitting the season.

Full moone the 20 day 24 min: after 7 of the clocke at night, ouercasting clouds for moysture.

Last quarter the 27 day 22 min: after high noone, very hot weather.

Iunes Abstract.

In this moneth if thou must needs vse phisicke take it early in the morning, that it may haue wrought before the heate of the day, and vse a light and thinne diet, for the stomacke is not so able to digest as in winter or some other of the former moneths. It is very good and conuenient for some to drinke clarified whay, boyled with cold hearbs, & to abstayne from violent exercises.

Distilling of roses, making of syrops, & conserues, are now in prime, now gather such hearbs as you meane to kéepe all the yeare, but be sure you dry them in the shade, good husbands and huswiues are now wéeding of the corne and gardens, other shearing of their shéepe, the time serues to set rosemary and gilliflowers. Take héede of cutting of cypher hedge, tree, or herbs, with knife, but rather gather them with your fingers, now you may set saffrone, carry out compost, make hay, rid Gardens of Snayles, Ants, or Pismiers, &c.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 3 and 54 minu.	houres 8 and 6 minuts.
7	houres 3 and 59 minu.	houres 8 and 1 minuts.
14	houres 4 and 7 minu.	houres 7 and 53 mnts.
21	houres 4 and 20 minu.	houres 7 and 40 minuts.
28	houres 4 and 30 minu.	houres 7 and 30 minuts.

New Moone the 5 day 11 min: after one of the clocke in the afternoone, some ouercasting clouds.

First quarter the 13 day 30 min: after 11 of the clocke in the forenoone, inclined to moysture.

Full Moone the 20 day 38 min: after 2 of the clocke in the morning, some what windy.

Last quarter the 27 day 13 min: after 1 of the clocke in the morning, apt for the season.

Iulies Abstract.

In this moneth vse cold hearbs, & cold meates, abstayne from Phisicke. And now the Riuers are more wholsome then the Bathes. Let the Sun be vp before you walke abroad, In the time of any plague or pestilence, keepe your chamber windowes shut, opening them when the Sun hath force of shining, & bee sure to perfume your Chambers euery euening with Tarte put vpon a chafingdish of coales, then which nothing is better, & let them vse Cardus Benedictus boyled and drinke fasting.

Hay harueſt now calleth slacke husbands to worke, and such as haue leasure, it is good to fallow wheate, & to carry out soyle, & to gather seeds & flowers to keepe all the yeare, and to dry them in the shade, till they be almost, dry & then set them a while in the Sun, & in like manner may you vse your hearbs.

Of Auguſt.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 4 and 36 minuts	houres 7 and 4 minuts
7	hourrs 4 and 48 minuts	houres 7 and 2 minuts
14	houres 5 and 0 minuts	houres 7 and 0 minuts
21	houres 5 and 16 minuts	houres 6 and 44 minuts
28	houres 5 and 27 minuts	houres 6 and 33 minuts

New

New moone the 4 day 16 min: after 4 of the clocke in the morning, stormy and windy.

First quarter the 11 day about 8 of the clock at night, some ouercasting clouds for raine.

Full moone the 18 day halfe an houre after 10 of the clocke in the forenoone, inclind to raine.

Last quarter the 25 day 49 min: after 4 of the clocke in the afternoone, reasonable temperate.

Augusts Abstract.

In August moderate dyet is good phisicke, for now it is very dangerous to surfit, and take good heede of heates & then of colds, for nothing sooner ingendereth pluriſies. And vse not to sleepe much, & especially after noone, for making oppilations, and for avoyding of Agues, & the head-ach, & catharres. And let a man abstayne from phisicke, except great necessity doe compell.

Now Lady Ceres lookes to haue men enough to attend vpon her. They that wold haue good seeds for their Garden the next yeare, must now gather of their owne, least in buying, they lose both mony, fruit, and labour. And such as desire to haue lettice or other hearbs for winter, may commit seeds to the earth now in the increase of the Moone.

Of September.

Day	The Sunne riseth.	The Sun setteth.
1	houres 5 and 34 minuts	houres 6 and 26 minuts
7	houres 5 and 46 minuts	houres 6 and 14 minuts
14	houres 6 and 2 minuts	houres 5 and 58 minuts
21	houres 6 and 14 minuts	houres 5 and 46 minuts
28	houres 6 and 28 minuts	houres 5 and 32 minuts

New moone the 2 day 10 min: after 7 of the clocke at night, very temperate weather.

First quarter the 10 day 43 min: after 2 of the clocke in the morning, some what windie.

Full moone the 16 day 10 min: after 8 of the clocke at night, inclined to moysture.

Last quarter the 24 day about 11 of the clocke in the forenoone, some fall of raigne.

Septembers Abstract.

In this moneth such as haue néed, may safely take Phisicke, and also may bath and bléede, in this moneth all things are in their proper vertue, and such fruit as are ripe, and not infected, are god to eate, for such as haue good stomackes.

The time is good to make conserue of Barberies, & Quinces, winter hearbs must be now sowne, likewise is the time to set hartichokes, rose trées, apples, peares wardens, strawberies, violets, gillyflowers, apples are to be gathered at the full of the moone, sow parsenips, and in dry weather gather your hopps. Good husbandry is sowing Rie and Wheate, and good huswiuerie is making of veriuyce, & plucking of Hempe.

Of October.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 6 and 34 minuts	houres 5 and 26 minuts
7	houres 6 and 46 minuts	houres 5 and 14 minuts
14	houres 7 and 0 minuts	houres 4 and 0 minuts
21	houres 7 and 15 minuts	hourer 4 and 45 minuts
28	houres 7 and 26 minuts	houres 4 and 34 minuts

New moone the 2 day 9 min: after 9 of the clocke in the forenoone, fitting the season.

First quarter the 9 day 46 min: after 8 of the clocke in the forenoone, cloudy and close weather.

Full moone the 16 day 16 min: after 8 of the clocke in the forenoone, vnconstant and vncertaine.

Last quarter the 24 day 42 min: after 6 of the clocke in the morning, windy and wet weather.

New moone the 31 day 57 min: after 9 of the clocke at night, stormy and vnconstant.

Octobers Abstract.

In this moneth, thou maist take phisicke, and also bléede & bath if occasion serue, vse hot meates, & drinke any

any good wholesome wines to nourish good blood. And beware of taking cold, because the quartaine Ague wil be apt to be taken, and such other dangerous diseases.

Remoue young trées, as Apples, Peares, quinces, Roses, &c. Set Peale, Parsenips, &c.

Good husbands neede not bee hasted to sowing of wheate, set Nuts, Acornes, & Filberds, and to doing of such good husbandry.

Of Nouember.

Day	The Sunne riseth.	The Sunne riseth.
1	houres 7 and 33 minuts	houres 4 and 27 minuts
7	houres 7 and 42 minuts	houres 4 and 18 minuts
14	houres 7 and 52 minuts	houres 4 and 8 minuts
21	houres 8 and 3 minuts	houres 3 and 57 minuts
28	houres 8 and 9 miduts	houres 3 and 51 minuts

First quarter the 7 day 42 min: after 3 of the clocke in the afternoone, stormy and vnconstant.

Full moone the 14 day 24 min: after 11 of the clocke at night, winterly weather.

Last quarter the 23 day 47 min: after 2 of the clocke in the morning, cold and cloudy.

New moone the 30 day 46 min: after 9 of the clocke in the morning, answerable to the season.

Nouembers Abstract.

In Nouember finish the phisicke that ye meane to take, & so rest till March, except some great necessity doe constraine you, vse good meats & wholsome wine to nourish thy blood, prouide thee warme cloathing, goe dry of thy feet, or else make sure account of Rheume and pose besides some other inconuenience that will ensue. Beware of the hot-house this moneth, and vse Betony and Cinamon in drinke.

In the new moone, you may remoue yong trées, as in the last moneth, and set crab-trée stockes to graft vpon

when

when you please. It is a good time in the wane of the moone to set pease, beanes, and if the weather bee not to hard, it is good sowing of Parsenips, good making of mault, and killing of Beeues and Swine.

Of December.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 8 and 12 minuts	houres 3 and 48 minuts
7	houres 8 and 14 minuts	houres 3 and 46 minuts
14	houres 8 and 15 minuts	houres 3 and 45 minuts
21	houres 8 and 12 minuts	houres 3 and 48 minuts
28	houres 8 and 7 minuts	houres 3 and 53 minuts

First quarter the 7 day 24 min: before 1 of the clocke in the morning, some fall of moysture.

Full moone the 14 day 11 min: after 5 of the clocke at night, winterly weather.

Last quarter the 22 day 34 min: after 9 of the clocke at night, some fall of moysture.

New Moone the 29 day 31 min: after 8 of the clocke at night, sitting the season.

Decembers Abstract.

In this moneth of December, keepe thy body and head from cold, & eate such meates as bee of a hot quality, abstayne from Phisicke, and let thy Kitchen bee thy Apothicary; warme cloathing thy Nurse; merry company thy keepers; and good hospitality thy exercise

Remoue Trees and Bushes as aforesaid in November, if the weather proue not two extreame. In the wane of the moone, set Beanes, Pease, & those hearbs that cannot indure the cold, couer them with straw or other prouision, from the frost and snow.

Soli sapienti Deo, sola gloria.

FINIS.